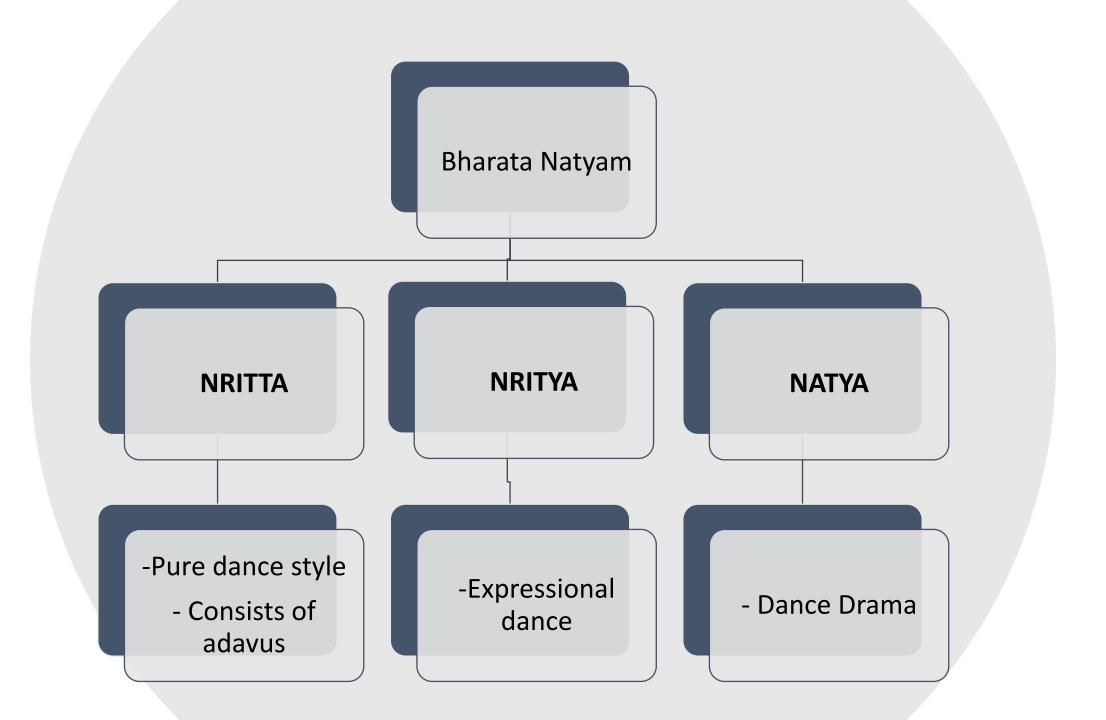
TECHNICAL STRUCTURE of Bharata Natyam



Nritya: It is based on the NAVARASA

Nava = 9 Rasa= flavor/sentiments

The Navarasas are:

- Shringara (Love)
- Haasya (Laughter)
- Karuna (Sorrow/compassion)
- Raudra (Anger)
- Veera (Heroism/Courage)
- Bhayaanaka (Fear)
- Bhibhatsya (Disgust)
- Adbhuta (Surprise/Amazed)
- Shanta (Peace/Tranquility)

MARGAM: The repertoire where dance compositions are performed in an established order

- 1. Alarippu
- **2. Jatiswaram:** combination of adavus danced to musical notes (sa re ga ma....)
- **3. Shabdam:** It describes the glory of a God/King through a song. It has adavu pieces in between
- 4. Varnam: It is the climax of the repertoire. It describes the glory of a God with more intricate details, and interspersed with complex adavus sequence
- **5.** Padam: Devotional dance
- **6. Thillana**: sequences of adavus, with a little bit of expression at the end describing a God.

Alarippu

It is the first item in the Bharata Natyam margam

The dancer offers a Namashkar to the Gods, the Guru and the audience

Alarippu means blossoming. Hence, it is the blossoming of the dancer as he/she performs the first Bharata Natyam item in the sequence.